



# Step 1: Building Relationships

- \* Building Rapport
- \* Getting them to like you
- \* "Pairing"
  - \* yourself as a reinforcer
  - \* "Pairing is Caring"!



# Activity: Pairing is Caring

- \* Pair up (or groups)
- \* Determine
  - \* 3 things you have in common
  - \* 5 things your students (age group) are "into"

## Step 2: Meeting Needs

- \* Basic Needs
- \* Attention
- \* Success



### Step 3: Reinforce!!

- \* "Behavior goes where reinforcement flows"!
- \* Focus on what you want to see
- Increases in appropriate behavior often mean decreases in challenging behavior
- \* "Catch 'em being good!"

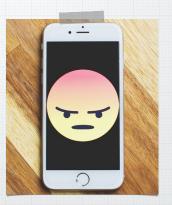


# Activity: The Power of Positive Reinforcement

- \* Need a volunteer
  - \* Your job is to get applause
- \* The rest of us
  - reinforce (clap) as they get closer to the target behavior!

### Step 4: Attend

- \* Behavior doesn't happen "out of the blue"
- \* Be aware of
  - \* Antecedents
  - \* Precursors



### The Best Defense...

- \* Reduce the need for the challenging behavior
- \* Prompt the appropriate behavior
- \* Accommodating appropriately
- \* "Nip it in the bud"



# Step 5: Responding to Challenging Behavior

- \* Follow the plan!
- \* Pon't reinforce
  - \* withhold attention, escape, or access
  - intervention may sometimes seem counter-intuitive



### Activity: Nip it in the Bud

- \* Pair up (or groups)
- \* Think of a student you have worked with who engages in challenging behavior. What sets them off?
- \* What are some things you can do to prevent the behavior from occurring?
- \* OR work with the following scenario:

### Activity: Nip it in the Bud

- \* Scott is a 7 year old boy in a special education classroom. He often becomes frustrated with independent seat work and will rip up his paper or break his pencil, and yell and scream in the classroom. This has often resulted in a trip to the dean's office, where he sits until he calms down, the dean talks to him, and he returns to
- \* Today, Scott was observed to scream "I hate you" as his mom dropped him off at the car line. He yelled "out of my way" at fellow students as he stormed his way to class, where he threw his backpack at the ground and plopped in his seat.
- The first task of the day is a spelling test. Scott is not especially good at spelling.

### When It All Goes Wrong

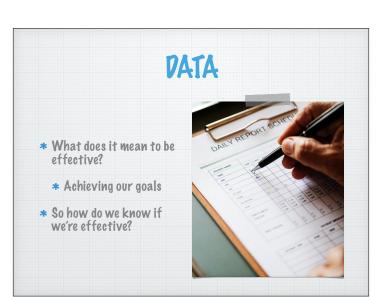
- \* Therapeutic Environment breaks down
- \* Crisis behavior
  - \* Continuous
    Aggression, property
    destruction or high
    magnitude disruption

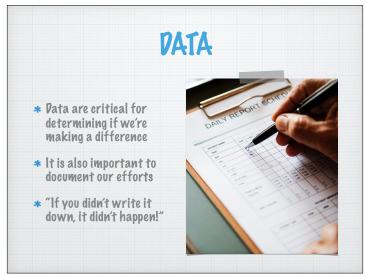


### When It All Goes Wrong

- \* What do we do?
  - \* The best we can!
- \* Remember, it's not what's happening now, it's what the child is learning for next time.
- \* Be firm and consistent



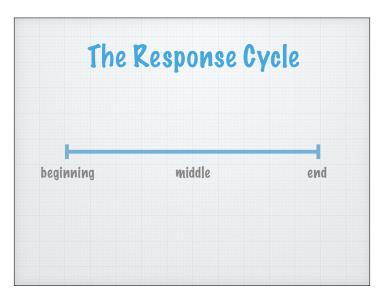


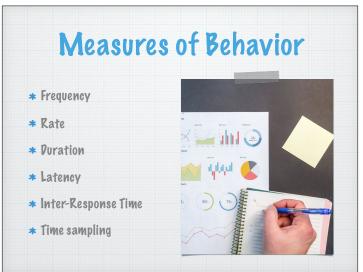


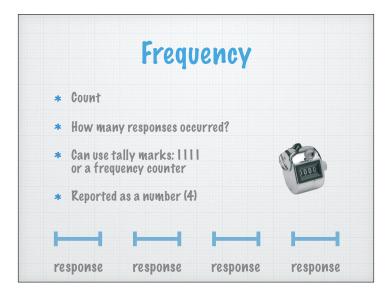


# The Response Cycle

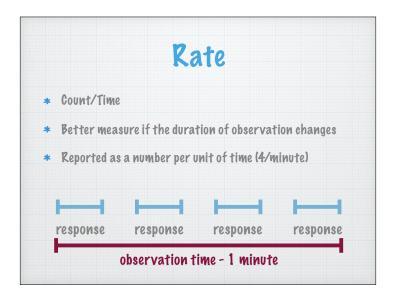
- \* A <u>response</u> is a single instance of behavior
  - Hand-clapping is behavior; one handclap is a response
- \* We can define the beginning, middle, and end of a response.
  - \* We call this the response cycle

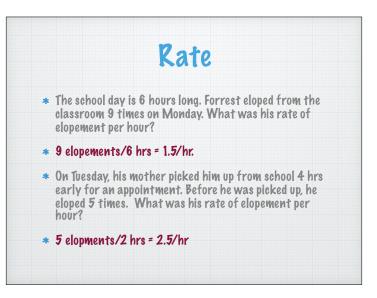


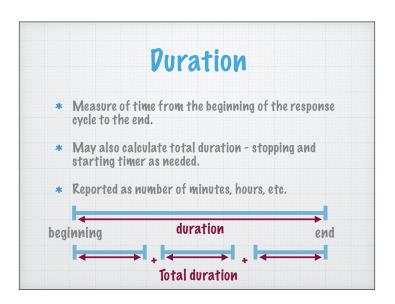


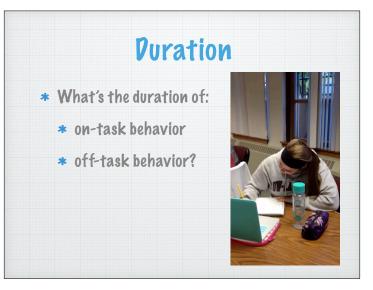


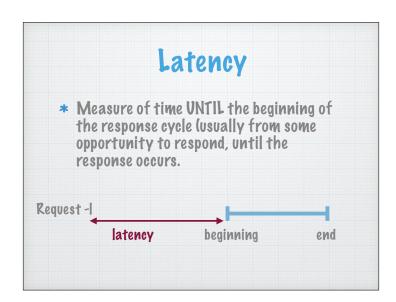


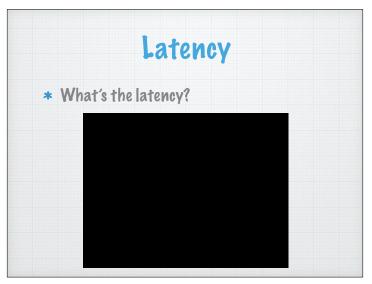


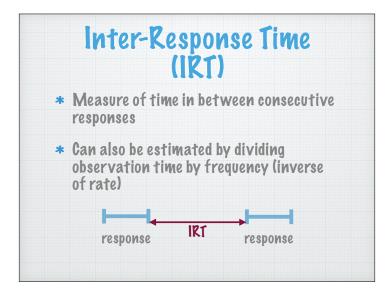


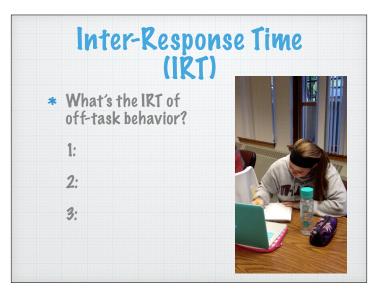






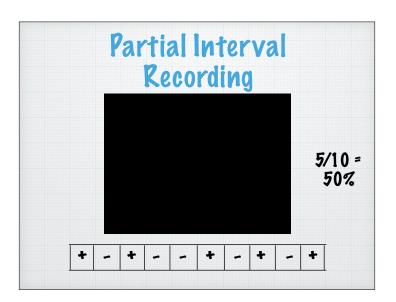








- \* Interval measures
  - record if behavior occurs (+) during any part (partial interval) or for all (whole interval) of shorter recording periods, otherwise, mark nonoccurrence (-)
- \* Momentary Time Sample
  - Record if behavior is occurring at end of shorter recording period (easiest to do!)



### A-B-C Data

- \* We collect A-B-C data during functional assessment to determine the specific antecedents that evoke the behavior and the consequences which may be maintaining it
- \* May observe for periods of time, or may record as soon as behavior occurred

# A-B-C Data Antecedent What was happening right before the behavior occurred? How was Ct. interacting with the environment? Behavior What did the behavior look like, sound like, how long did it last, how many times was it repeated? What was happening right before the behavior occurred? How was Ct. interacting with the environment? What did the behavior look like, sound like, how long did it last, how many times was it repeated? What was happening right before the behavior? Did Cf get what he wanted, or get "punished"?

